

FUSE-1200 SEATED ROW



Modern and comprehensive strength conditioning series designed to meet the space and performance demands of today's fitness facilities. The user-friendly features and performance will appeal to a wide variety of users.

FEATURES

- Five position seat uses four-bar linkage with gas cylinder assist for stable, low friction adjustments
- Eight position chest pad accommodates wide range of users
- Unilateral arms diverge to maximize articulation of the shoulder and allow for a complete range of motion
- Handles rotate freely for exercise variation

USER AMENITIES

- Height Adjustment Guide
- Step-by-step exercise chart with easy to follow user instructions
- Accessory Tray with Cup Holder
- Integrated Towel Holder

SPECIFICATIONS

DIMENSIONS (L x W x H)
53" x 56" x 58" / 135 cm x 142 cm x 147 cm

WEIGHT STACK OPTIONS
170 lbs / 77 kg (standard weight stack)
250 lbs / 113 kg (heavy weight stack)

PRODUCT WEIGHT
458 lbs / 208 kg (standard weight stack)
538 lbs / 244 kg (heavy weight stack)

COLOR OPTIONS
Frame comes standard with matte black powder coat finish. Custom frame and upholstery available.

ADJUSTMENT GUIDE

HEIGHT	METRIC	SEAT
5' 2" AND UNDER	157cm	5
5' 7"	170cm	4
5' 10"	178cm	3
6'	183cm	2
6'2" AND OVER	188cm	1

Easy to view Height Adjustment Guide shows proper seat placement based on height

